

COOS BAY PUBLIC LIBRARY

UNDERSTANDING ACES

**BUILDING SELF-HEALING
COMMUNITIES**

AUGUST 8TH

TIME: 2:00-3:30

ZOOM PRESENTATION ONLY

Understand how ACEs impact you and society:

- Adverse Childhood Experiences (ACEs) are the most powerful determinant of the public's health.
- ACEs are common – in fact they are widespread – but they don't have to define your future or potential.
- Education and prevention are essential for creating a healthier society for generations to come.
- Regardless of your own ACEs history, other people's adversity affects you.

For the zoom presentation, please register at:

<https://bit.ly/3naHkyv>

Please call Tammy Aley 541-808-7244 if you have any questions.



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