

# PLAN, SHOP, SAVE & COOK

For teens (ages 14-19) interested in learning how to save money at the grocery store and eat well on a budget. **Join us for this FREE 2-week series!**



**AUGUST 22 & 23**

**TIME:** 11:00 am – 1:00 pm

**LOCATION:**

Coos Bay Public Library  
525 Anderson Avenue, Coos Bay

**Attend both sessions and receive ingredients to make a healthy meal at home for your family and a 12" ELECTRIC SKILLET!**

**QUESTIONS?**

Contact Nicole Wells:

[Nicole.Wells@oregonstate.edu](mailto:Nicole.Wells@oregonstate.edu)

541-572-5263 ext. 25286

**Register by 8/20:**

<https://beav.es/SVK>

